



## Get Fit 2011

CIR Volunteer Brittany Brown-Mignon began a fitness and nutrition class on Thursdays in November. Brittany is applying with the Raleigh Police Department and hopes to start in January. Before her career change takes place, she is giving her time and knowledge to enrich others' lives! CIR is so thankful for this dynamic young lady and her passion for encouraging others.



Brittany hopes to inform others about how to make healthy decisions for their lives. Each of the 5 ladies

who comes looks for encouragement to exercise and for help in making changes to their lifestyles. Several of the ladies have also asked how they can cook differently so that their families can enjoy better health.

Please pray for Brittany and Jenni as they lead the Fitness emphasis. We also are hoping that a result of the classes will be growing leaders in the community who will show others what they have learned.

## *Turkey Takeout*

2011



- Twenty families were very happy to receive all the “fixin’s” for their Thanksgiving dinner: a 13 pound turkey, a sack of sweet potatoes, fresh cut collards or cabbage, yeast rolls, and a dessert. Mary grinned from ear to ear when we came to her door. She gladly thanked the Lord with us for His provision. When Nic opened his door and saw us with the turkey and fixings, he jumped up and down and said, "My mom will love this!"

- The food was provided by the Interfaith Food Shuttle of Raleigh, and was donated by several of their food donors. Thank the Lord for Olivia and Jenni, along with Rosa, Hilaria, Maynor and Wendy who served on November 17 to deliver over 500 pounds worth of Thanksgiving meals. All in all, 74 individuals (37 adults and 37 children) were served.

## Why Don't They Just Wait in Line?



It's easy to romanticize the immigrants to the U.S. of a century ago, but in reality, the immigrants who came through Ellis Island and in earlier eras came for the same primary reasons that



immigrants come today—and, at the time, they faced much of the same resentment from some native-born U.S. citizens. **What has changed dramatically, though, and the reason that many immigrants today do not come legally, is immigration policy.**

Prior to 1882, no one came illegally to the U.S.—because all immigration was legal: there was no requirement of a visa and no federal restrictions on who could immigrate. That began to change with the **Chinese Exclusion Act in 1882** and several gradual changes that, by 1924, nearly closed off immigration to all but a fortunate few. While immigration reforms passed in 1965 reopened the possibility of immigration for some groups, current policy provides most who would like to immigrate with no legal option.

**There are four basic ways that a person might obtain  
Lawful Permanent Resident status in the U.S:**

- Employment-Based Immigration—but these visas are almost exclusively reserved for those with “advanced degrees” and “extraordinary abilities,” not for those content to do low wage labor.
- Diversity Visa Lottery—but the odds of winning are about 1 in 200, and it’s only a possibility for individuals from “under-represented” countries, not for those from Mexico, the Philippines, China, India, and other “over-represented” countries.
- Refugee or Asylee Status—for some of those fleeing persecution, but not for those fleeing poverty, natural disasters, or environmental degradation.
- Family-Based Immigration—but backlogs can be as long as twenty-two years, and many others do not have the requisite relative in the U.S. to sponsor them

Many individuals who come and find work in the U.S. do not fit into any of these categories, so there is really no “line” in which they could begin to wait; there is no legal way for them to come under current law.

CIR serves to bridge the gap socially, culturally, spiritually, economically, educationally between the immigrant population and mainstream society. God’s people are the right resource for leading others to an encounter with Christ and for finding guidance to find restoration with God, self, others and the world.

ADVANCING THE KINGDOM  
BY MAKING DISCIPLES



[WWW.CIRALEIGH.ORG](http://WWW.CIRALEIGH.ORG)

[WWW.FACEBOOK.COM/CIRALEIGH](http://WWW.FACEBOOK.COM/CIRALEIGH)

Thank you for your financial gift. We pray God increases your joy through participating with us.

Name:

Date you gave:

Gift Amount:

